



# Health and Housing Guide

For FEN International Exchange Students

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# Life in Chile



# Life in Chile

Welcome to Santiago! We know you must be excited about beginning your adventure in Chile's capital and eager to prepare for your arrival. We have put together some basic health information with tips to help you stay healthy and safe during your semester here. We want to ensure that you have the best study abroad experience possible.

**Water:** The tap water in Chile is potable, but like in any other country, it may take time to acclimate your body to the different levels of chlorine and other chemicals that they use to clean it. Many people have no problem, but we suggest that you start with drinking only bottled water and slowly introduce the tap water.

**Fruits and vegetables:** Fresh produce is abundant and cheaply available all-year in Santiago. Be sure to wash vegetables thoroughly, to remove the dust and pollution before you eat them.

**Mobile phones:** As an exchange student at FEN, it is compulsory that you have a Chilean phone number so that we can contact you in emergencies. Pre-paid phones are both efficient and affordable. They can be bought in most Malls, large supermarkets, and company stores. The three main telephone companies are Entel, Wom!, Movistar and Claro. Entel has an emergency feature that allows you to borrow money to make a call or send an emergency text message to another number requesting they call you, if necessary. Other companies may have similar features so do ask when you are shopping. Alternatively you can bring an unlocked phone with you, and purchase a SIM card to use with it. You will have to register your unlocked phone through this [website](#)

**Street food:** Food vendors can be found on most street corners and in the ferias, or markets. This is where Chileans get most of their produce, but be extra cautious if consuming food or drinks sold on the street.

# Life in Chile

**Street safety:** In Santiago, like in any big city, it is important to be aware of your valuables. Be careful about using your phone or other electronic devices in the street and always have a firm grip on your bag and backpack.

While on the metro, especially during rush hour, be sure to carry your backpack in front of you and to ensure all pockets are well closed. Mobile phones and other electronics should be put away securely, not in the outside pockets of your coat, bag, or backpack.



It is best to leave your flashy or valuable jewelry and accessories at home when spending the day in the street or in certain neighborhoods. More information about keeping safe in Santiago will be given on Student Orientation Day. While eating at a restaurant, especially if it is an outside patio, be sure to leave your bags and backpacks tied to the chair next to you or firmly in between your legs.

If you are pickpocketed, please go to the nearest Comisaria de Carabineros (Police Station) or Retén Móvil (Mobile Police Station) to report the incident. Your travel insurance company will request the police report in order to process a refund.

**Emergencies:** In case of an emergency, go to your nearest hospital (see section on Hospitals) or local Health Care Center (consultorio). Request receipts if you plan to be excused from classes or get reimbursed by your insurance company.

 <b>EMERGENCIAS</b> NÚMEROS DE TELÉFONOS	
CARABINEROS	133
BOMBEROS	132
AMBULANCIA	131
FONO DROGAS	135
PDI	134
RESCATE COSTERO	137
CONAF	130

# Life in Chile

**Hospitals:** In general, the word “hospital” refers to the public ones while the word “clinic” is the word used for private ones. The good news is that both public and private hospitals offer access to high quality healthcare at affordable prices. Before landing in Chile, make sure you have international travel and health insurance that will provide you with the coverage for the duration of your stay.

## PUBLIC

### **SEMDA- Servicio Médico y Dental de Alumnos de la Universidad de Chile**

[www.med.uchile.cl/salud/semدا.html](http://www.med.uchile.cl/salud/semدا.html)  
Av. La Paz 1002 Recoleta, Independencia  
Main Phone Number: 56-22-978-8970

### **Hospital Clínico UC**

Marcoleta 352 Santiago, Metro U. Católica  
Main Phone Number: 56-22-676-7000

### **Hospital de Urgencia Asistencia Pública (Posta Central)**

Av. Portugal 125  
Main Phone Number: 56-22-568-1100

## PRIVATE

### **Clínica UC**

Lira 40 Santiago  
Main Phone Number: 56-22-354-3000

### **Clínica Santa María**

Av. Santa María 0500, Providencia  
Main Phone Number: 56-22-913-0000

### **Clínica Dávila**

Avda. Recoleta 464, Recoleta  
Main Phone Number: 56-22-730-8000

### **Clínica Indisa**

Av. Santa María 1810, Providencia  
Main Phone Number: 56-22-362-5555

### **Clínica Alemana**

Av. Vitacura 5951, Vitacura  
Main Phone Number: 56-22-210-1111

# HOUSING

This guide contains information for different types of living arrangements: Host families, Shared Apartments (Departamentos Compartidos), Residencies/Boarding Houses (Residencias), and Rooms (Habitaciones). The following pages contain the housing details and contact information for each option. Between these contacts and the list of housing websites on the next page, you should have no trouble finding housing either before you arrive in Santiago or when you arrive in person.

## THINGS TO CONSIDER:

Location: Think about how much your commute to FEN will contribute to your experience. A long commute can affect how much you enjoy your semester. Even though Santiago has a good public transportation system, the [metro](#) is extremely busy during peak times and some stations may close if there are protests nearby. Consider the map below to avoid living in protest hotspots and choose a safer commute to FEN:



# HOUSING

**Climate:** Santiago has a cool semi-arid climate with Mediterranean patterns. These include warm, dry summers (October to March) with temperatures reaching up to 40 °C (95 °F) on the hottest days.. Winters (April to September) are cool and humid, with cool to cold mornings. Typical daily maximum temperatures of 14 °C (57 °F), and low temperatures near 0 °C (32 °F). Most properties do not have central heating or air conditioning. It can be very cold inside a building during the winter so check what the policy is for using electric and gas heaters in your property as many property owners charge extra for this or even prohibit their use.

**Try before you buy:** We recommend that, when possible, visit the accommodations before confirming and/or paying any money to the property owner(s). Check out the list of hostels used by previous students for places to base yourself while viewing properties. The student accommodation LivinnX also offers hostel style weekly rentals for students who wish to visit accommodations during their first weeks.

**Prices:** Prices and availability of Student Residences, Hostels, Host Families and/or Shared Apartments, etc. are not managed, controlled, or established by FEN and are subject to change because they are private providers.

<b>Housing Websites:</b>	<ul style="list-style-type: none"> <li>• <a href="http://www.housinginchile.cl">www.housinginchile.cl</a></li> <li>• <a href="http://www.residenciasuniversitarias.cl">www.residenciasuniversitarias.cl</a></li> <li>• <a href="http://www.homeurbano.com">www.homeurbano.com</a></li> <li>• <a href="http://www.contactchile.cl">www.contactchile.cl</a></li> <li>• <a href="http://www.portalinmobiliario.com">www.portalinmobiliario.com</a></li> <li>• <a href="http://www.compartodepto.cl">www.compartodepto.cl</a></li> <li>• <a href="http://www.airbnb.cl">www.airbnb.cl</a></li> <li>• <a href="http://www.housinganywhere.com">www.housinganywhere.com</a></li> <li>• <a href="http://www.santiagoexchange.com/housing">www.santiagoexchange.com/housing</a></li> </ul>
<b>Student Residences/ Residencias estudiantiles:</b>	<ul style="list-style-type: none"> <li>• <a href="#">SEN: Santiago Exchange Network</a></li> <li>• <a href="http://FENtastic.cl">FENtastic.cl</a></li> <li>• <a href="#">LivinnX Santiago</a></li> </ul>
<b>Hostels recommended by FEN students:</b>	<ul style="list-style-type: none"> <li>• Hostal Providencia</li> <li>• Andes Hostel Bellas Artes <ul style="list-style-type: none"> <li>• Eco Hostel</li> <li>• La Casa Roja</li> </ul> </li> <li>• Hostal Forestal</li> <li>• Hostal Rio Amazonas</li> <li>• Ventana Sur Hostel</li> </ul>



# Host Families and Shared Apartments:

**Daniella Piccoli:** a very fit yoga teacher who likes to share her house with international and Chilean students. She lives with her 2 friendly Labradors.

**Contact:** [daniellapiccoli@hotmail.com](mailto:daniellapiccoli@hotmail.com) / +56 9 8971 0104

**Address:** García Reyes 11, Metro Republica

## Price(s):

Monthly:  
CLP \$250,000-with free kitchen use.  
Weekly:  
CLP \$115,000 with free kitchen use.  
Daily:  
CLP \$30,000 includes breakfast and lunch.  
CLP \$25,000 with free kitchen use.  
CLP \$20,000 room with basic amenities included

## Details:

- 3 singles beds (one room can have 2 single beds)
- Each room has its own desk, closet, and key
- No TV
- Fast Wi-fi
- Washing machine and dryer (occupant buys their own detergent)
- Price does not include house cleaning, except for the common areas, kitchen bathroom, living room and dining room.
- Living room on the first floor can be used for yoga or as a study, as needed.
- O3 and pulverizador de alcohol machine
- There is a bath with ozonated water to wash clothes and to use to relax.
- Another small bathroom but it is complete and a third half bath that is small.



# Host Families and Shared Apartments:

**Patricia Riemenschneider:** The Riemenschneider family treats students as part of their family. They are very caring and eager to help in any way they can. All of the members speak English well, but they respect and help students learn Spanish. The neighborhood is residential with good public transportation. This family would be perfect for Christian students, as the family is religious and is excited to share their church life with students.

**Contact:** [patricia.rie@gmail.com](mailto:patricia.rie@gmail.com) / +56 9 7648 5791

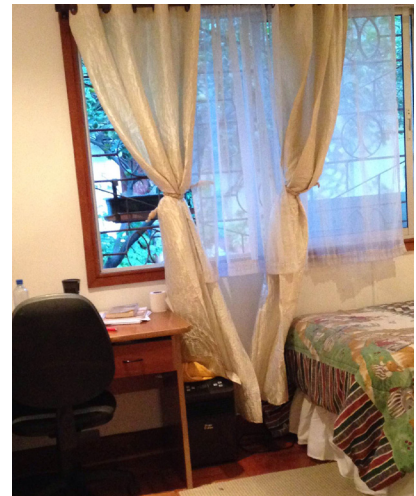
**Address:** Eduardo Donoso 570, Ñuñoa near Estadio Nacional/National Stadium

**Price(s):**

Shared room CLP\$ 380,000 - all expenses included. Preferably for male. Private room CLP\$ 430,000  
The monthly fee includes:  
- Accommodation, full board (breakfast, lunch, and snacks), weekly cleaning, access to the washing machine, internet, TV, gas, water, electricity, etc.

**Details:**

- 2 individual room and 1 shared room that can also become an individual room.



# Host Families and Shared Apartments:

**Victor León:** A FEN graduate who works near the university and is looking for calm, clean, and organized roommates to share his apartment with.

**Contact:** [vitoco.leon@gmail.com](mailto:vitoco.leon@gmail.com) / +56 9 7701 5474

**Address:** Av. Portugal 333, Torres 23, Apt 44

<b>Price(s):</b>	Monthly CLP \$220,000- includes all common expenses.
<b>Details:</b>	2 bedrooms available: one small room with a private bathroom and one large room with shared bathroom. Complete house cleaning every 7 days. Recently renovated: double-paned windows and laminated floors; Wi-Fi; Cable TV; Fully equipped kitchen; dining and living room; washing machine.



# Host Families and Shared Apartments:

**Victor Contreras:** A Civil and Industrial Engineer, currently working at a power generation company based on renewable energies in green power. He is 33 years old and does not live in either of the 2 apartments, as they are exclusively for foreign and Chilean college students.

**Contact:** [vcontreras1@hotmail.com](mailto:vcontreras1@hotmail.com) / +56 9 4212 5903

## Apartment 1

**Address:** Av. Perú 981, Recoleta Depto 1504 (5 minutos from Metro Cerro Blanco Station)

<p><b>Price(s) Monthly</b></p>	<p><b>Room #1:</b> King size bed, private bathroom 1 person: CLP \$250,000; 2 people CLP \$270,000 <b>Room #2:</b> Queen size bed, shared bathroom 1 person: CLP \$220,000; 2 people CLP \$250,000 <b>Room #3:</b> Single bed, shared bathroom 1 person: CLP \$180,000</p>
<p><b>Details:</b></p>	<p>Minimum stay: 5 months; free Wi-fi; washing machine located in apartment; terrace; fully equipped rooms with bed, desk, lamp; cable TV only in living room and room #2, connections in all rooms; fully equipped kitchen. Building includes semi-equipped gym, panoramic terrace on 22nd floor, BBQ, and 24 hr. concierge. Common expenses included (electricity, water, gas, heating, and apartment's common expenses).</p>





# Host Families and Shared Apartments:

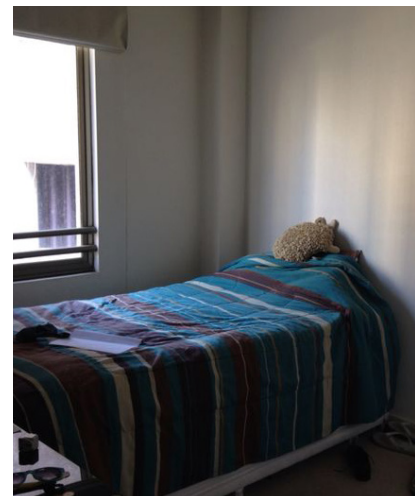
**Victor Contreras:** A Civil and Industrial Engineer, currently working at a power generation company based on renewable energies in green power. He is 33 years old and does not live in either of the 2 apartments, as they are exclusively for foreign and Chilean college students.

**Contact:** [vcontreras1@hotmail.com](mailto:vcontreras1@hotmail.com) / +56 9 4212 5903

## Apartment 2

**Address:** Diagonal Paraguay 406, Santiago Centro (approx. 200m from Metro Santa Lucia)

<b>Price(s) Monthly</b>	<p><b>Room #1:</b> large, single bed and private bathroom 1 person: CLP \$260,000</p> <p><b>Room #2:</b> large single bed and private bathroom 1 person: CLP \$240,000</p>
<b>Details:</b>	<p>Minimum stay: 5 months; free Wi-fi; Building washing machines located located down the hall (\$1,000/washer/dryer); terrace; fully equipped rooms with bed, desk, lamp; TV only in living; fully equipped kitchen. Building includes semi-equipped gym.</p>



# Host Families and Shared Apartments:

**Tarek Leoz:** A graduate from the Universidad de Chile's Law School who works near the university and is looking for a calm, clean, and organized roommate to share his apartment with him

**Contact:** [tarekleoz@gmail.com](mailto:tarekleoz@gmail.com) / +56 9 5419 4864

**Address:** Suiza 2052, Providencia

<b>Price(s) Monthly</b>	Large, single bed and private bathroom 1 person: CLP \$250,000
<b>Details:</b>	Free Wi-fi; washing machines; terrace; fully equipped rooms with bed, desk, lamp; fully equipped kitchen.

**Vicente Lagos:** Former economics student from the University of Chile, currently living in France who rents who recently renovated flat located in the lively neighborhood of Bellas Artes in the center of Santiago (15-20 min walk from FEN)

**Contact:** [vlagost@gmail.com](mailto:vlagost@gmail.com) / +33 7824 21730 (WhatsApp)

**Address:** Huerfanos 547, Santiago.

<b>Price(s) Monthly</b>	CLP \$650,000 (single/couple). All charges included (including internet). A security deposit equivalent to 2 months of rent is required (\$1.300.000 CLP), which will be fully returned at the end of the lease conditional on the state of the property.
<b>Details:</b>	Nice duplex, 52 m <sup>2</sup> , including small balcony. The flat is fully furnished. It has a double bed and a large futon in the living room. The kitchen is fully equipped. The building has a laundry and a rooftop swimming pool. Flat is available from March onwards, minimum length of contract is 4 months. Rules: no smoking inside the flat, NO pets and no noise after 11pm.

# Host Families and Shared Apartments:

**Beatriz Marin Tobar:** The student will share with a Chilean couple and their 13-year-old daughter. They are friendly, love music, and discovering other cultures. The apartment is in a central neighborhood very close to supermarkets, pharmacies, metro, park, and library.

**Contact:** [marinbeatobar@gmail.com](mailto:marinbeatobar@gmail.com) / +56 9 4203 0498

**Address:** De las Claras, N°0182, Providencia

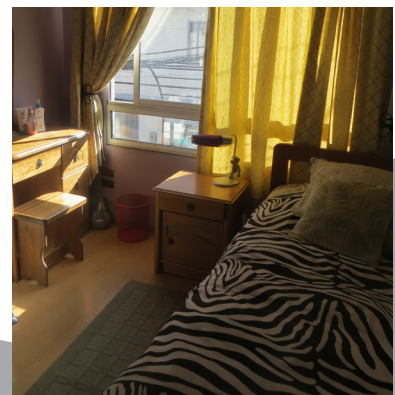
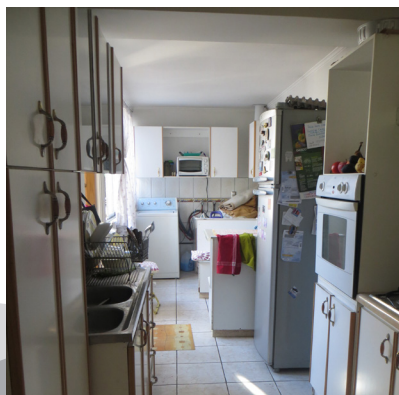
<b>Price(s) Monthly</b>	Monthly CLP \$300.000- all expenses included (accommodations, breakfast and dinner, internet, TV, gas, water, electricity, and laundry.
<b>Details:</b>	Room with a SINGLE bed, with cable TV, closet, and a desk with chair. Private bathroom.

**Pamela Roa:** Near FEN, 20-25 mins walking and part of a condominium, so very safe. Big house with 3 rooms; 3 bathrooms and a big kitchen. The room has a single room with shared bathroom with a desk, wardrobe, and a mirror. Located in Barrio Italia with supermarkets, drugstores, and subway nearby. Pamela lives with her mother (English speaker), her brother, and one other students. Pamela speaks some German.

**Contact:** [paame.roa@hotmail.com](mailto:paame.roa@hotmail.com) / +56 9 8827 8004

**Address:** Av. Salvador 1050, Casa 5 Providencia.

<b>Price(s) Monthly</b>	CLP \$250,000
<b>Details:</b>	You can use the kitchen, washing machine, Wi-Fi, and heating in the room if you need. Price includes breakfast.



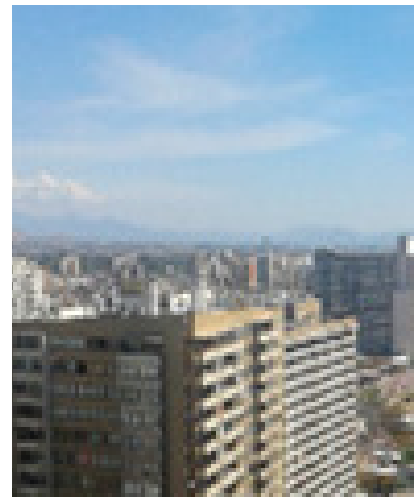
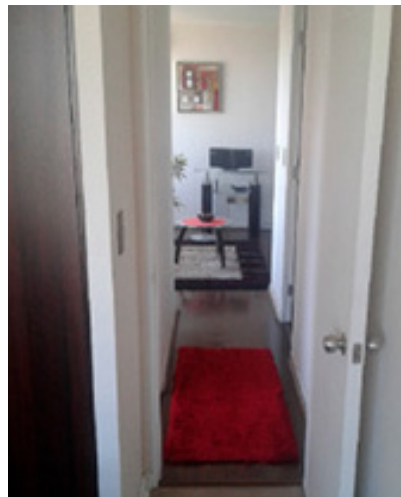
# Host Families and Shared Apartments:

**Francisco Pulgar Olate:** A FEN student looking for a calm, clean, and organized roommate to share his apartment. The bedroom is available has a single bed, personal closet, and TV. The bathroom is shared. The apartment is close to FEN (15 min walk). Close to supermarkets, metro stations, hospitals, and other amenities. Francisco speaks Spanish, English and Portuguese.

**Contact:** [fpulgar@fen.uchile.cl](mailto:fpulgar@fen.uchile.cl) / +56 9 9354 1123

**Address:** Manuel Antonio Tocornal 455, Depto 225. Santa Lucia Metro

<b>Price(s) Monthly</b>	CLP \$195,000
<b>Details:</b>	Minimum stay: 5 months (March-July) and maximum of 10 months (March – December). Room with a personal closet and TV; free wi-fi, common expenses are included (water, electricity, hot water, and common expenses of the condominium). Home comes with free use of fully equipped kitchen; terrace; building has 24 hr. concierge, BBQ, washing machines (\$1,100 per wash/dry), swimming pool, gym, and event hall.





# Host Families and Shared Apartments:

**Maria Eugenia Pavez:** It is geared towards foreign students who come for exchange or internships for 3-4 and 6 months or throughout the academic year. Occasionally, if there are free rooms, she accepts tourists.

**Contact:** [marieugeniapavez@gmail.com](mailto:marieugeniapavez@gmail.com) / +56 9 8693 3747

**Address:** Antonio Varas 70 (corner Avda. Nueva Providencia. Metro Manuel Montt)

<b>Price(s) Monthly</b>	CLP \$280,000
<b>Details:</b>	4 large bedrooms connected inside the kitchen and 4 shared bathrooms. There are 4 bathrooms. It includes cleaning services 3 times/week, bed linen, hot water, heating in June, July, and August. Wi-fi and right to cook. The atmosphere is very pleasant, and the location is excellent. Some bedrooms have access to outdoors, clothes drying facilities which means other roommates will use the room to access this space. Please confirm this with landlady.

